



Campbell River Killer Whales
2026 CRKW Last Chance Qualifier
Saturday January 17th, 2026
Sanctioned by Swim BC: 61962

Saturday January 17th, 2026	Warm-up 2:00pm	Start: 3:00pm	approx. finish: 7:00pm
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The Campbell River Killer Whales would like to acknowledge that the land on which we gather is the traditional, ancestral, unceded territory of the Liḡ'ít̓daŋ̓ people; the We Wai Kai, Wei Wai Kum, and Kwiakah First Nations.

Location: Strathcona Gardens Recreation Centre
225 S Dogwood St
Campbell River, BC

Pool: 6 Lane, 25 meters SCM – Electronic Timing

*** please note Strathcona Gardens is currently under construction as we build our 8 lane pool. Parking will be limited and further communication will be sent regarding seating and parking.

Meet Manager:
Nycky-jay Vanjecek
meetmanager@crkw.ca

Meet Referee: Kim Padington

Safe Sport Statement:

- All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.
- Deck changes are explicitly prohibited.
- Swimmers are encouraged to only use the facility change rooms, while the officials, coaches and spectators are to use the restrooms in the lobby

Eligibility:

All swimmers are required to be registered with Swim BC or other World Aquatics affiliated organizations.. Age groups are based on the age of swimmer as of November 29th, 2025. Entries are limited to the team entering the 150th swimmer.

Meet Entries:

Entries must be submitted through the Swimming Canada online system. Emailed entry files will not be accepted. Maximum of 6 events per athlete.

Entry Deadline:

Entries must be submitted through the Swimming Canada online system no later than **Monday, January 12th, 2026**.

Entry Fees:

Cost per swimmer - \$10/event + \$5 Swim BC Competition Surcharge.

Entry fees can be e-transferred to treasurer@crkw.ca or cheque payable to Campbell River Killer Whales by Monday, January 19th at 9:00 am. If paying by e-transfer, please include the team's name and 2026 CRKW Last Chance Qualifier in the comment field.

Deck Entries:

Deck entries will be accepted on a first come first serve basis to fill **empty lanes only** for \$12.00 per event, not exceeding 6 events. No new heats will be added. Deck entries for swimmers not already in the meet must be accompanied by proof of current registration, including name spelling as it appears in the SNC registration system, date of birth, and SNC registration number. Deck entries must be received by the Clerk of Course 1 hour before the start of the meet.

Scratches:

Please email known scratches to Nycky-jay Vanjecek at meetmanager@crkw.ca by 6:00pm **Thursday, January 15th, 2026**. Scratches after this deadline will not be refunded unless a medical note is provided. As per Swim BC Scratch Procedures: Scratches received prior 6:00pm Thursday, November 27th, 2025 will not incur Meet Fees. 1. There is no scratch penalty for no-shows, step downs and unexcused and/or incomplete swims during prelims and/or time finals.

Meet Format:

Timed Finals. Age Groups.

Awards/Scoring:

Random prizes will be distributed through the events. The Meet will not be scored.

Officials:

If members of your club would be interested in assisting us with any deck positions, please contact Chad Rochon email: spidychad@hotmail.com. Any help would be greatly appreciated.

Accommodations:

Hotel information available on request.

-CRKW acknowledges the financial support of the Province of British Columbia-

Meet Rules:

This meet will be conducted under Swimming Canada rules and regulations.

- All events will be OPEN with mixed gender but separated by age group and gender in results.
- No Provincial or National Records will be recognized from Mixed Gender Events.
- Seeding will be slowest to fastest.
- All events are timed finals.
- During events only one (1) swimmer per lane is permitted.
- Swimwear: All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim BC. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.
- Marshals: Swim BC warm-up procedures will be in effect and will be monitored by safety marshals.
- Warm-up schedule will be emailed to coaches on Thursday, January 15th, 2026 and will likely be split into two 25 minute sessions.
- Time Trial events are time permitting.
- This competition can provide the following accommodations for swimmers who are D/deaf or Hard of hearing: 1. Non-verbal instruction provided by a *support person 2. Hand signals given by the starter/referee *Note that the support person must show a status of "Registered" as support staff in the Swimming Canada registration system. Clubs must contact Meet Management by the Entry Deadline of the need for accommodations.
- In order to minimize risk, all photographs and video taken at Swimming Canada/Swim BC sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
- Coaches are reminded that once competition begins, the field of play is reserved for swimmers, officials and support staff. Coaches are not permitted behind the starting blocks or at the turn end but are welcome to coach and encourage their swimmers from the sides of the pool.
- The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2. The "misconduct" shall include but is not limited to (C.2.3.2.1): Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct. • Deliberate kicking or striking of the starting platform, including the back plate prior to the start. • Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry. The Referee may disqualify a swimmer for such misconduct.
- There will be limited spectator seating during the swim meet, with seating for athletes, coaches, and volunteers/officials being the priority.

Diving Rules:

- Starts will be conducted from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 (from both ends or from deep end only) and/or
- In-water starts will be conducted as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 (from shallow end).



EVENT DESCRIPTION

	Saturday January 17th, 2026
	warm up 2:00pm start 3:00pm
1	100m Freestyle Mixed Open
2	100m IM Mixed Open 10 & under
3	200m IM Mixed Open
4	50m Butterfly Mixed Open
5	100m Breaststroke Mixed Open
6	200m Backstroke Mixed Open
7	50m Freestyle Mixed Open
8	100m Butterfly Mixed Open
9	50m Backstroke Mixed Open
10	200m Freestyle Mixed Open
11	50m Breaststroke Mixed Open
12	100m Backstroke Mixed Open
13	400m Freestyle Time Trial*
14	800m Freestyle Time Trial*
15	1500m Freestyle Time Trial*

“Our aim is not to produce champions, but to create an environment where champions are inevitable”

*** Time Trial Events - if time allows**



COMPETITION WARM-UP SAFETY PROCEDURES

For all Swim BC sanctioned competitions, Meet Management must ensure the following warm-up safety procedures are implemented. Coaches, swimmers, and officials share responsibility for adhering to these guidelines during all scheduled warm-up periods. Coaches are encouraged to support Safety Marshals in promoting a safe environment.

GENERAL WARM-UP

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Swimmers shall always be aware of their surroundings and keep the end walls clear.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- **Swim BC recommends that**, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Swimmers exiting sprint lanes must exercise caution and remain aware of their surroundings. When crossing into other lanes, they shall ensure they do not interfere with ongoing sprint activities, pace work, or lanes designated for Para swimmers.
- Coaches shall decide if their swimmer is ready to safely participate in pace work in designated pace lanes and must be directly supervised by their coaches.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have sufficient lifeguards on deck. There will be no Safety Marshals in place during pre-event training.
- Safety marshals will only be placed in the competition pool when warm-ups take place.

EQUIPMENT

- Only Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at Meet Management's discretion and recommended only for national events or senior competitions.
- At Meet Management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.

VIOLATIONS

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer's name and club shall be registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer shall be removed from the remainder of the competition by the Competition Coordinator/Meet Referee.

SAFETY MARSHALS

The Safety Marshal is a trained position designated by Meet Management. Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official, whenever possible.

Safety Marshals shall:

- Be visible by safety vest.
- Be briefed thoroughly on the warm-up procedures
- Be situated at each end of the competition pool. Actively monitor all scheduled warm-up periods during competition days;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions.

Depending on the level of competition, Safety Marshals have a role in helping work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

PARA-SWIMMER NOTIFICATION

- Coaches are requested to notify Meet Management of any Para swimmers participating in warm-ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.
- Where a para lane is designated, only classified swimmers may use it. Violations may lead to disciplinary action.

The following statement must appear in all Swim BC sanctioned meet information and posted notices:

“SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”